



My Bold Life The Manifesto

My Bold Life The Manifesto

1

I know ignoring my passions is a form of self-abuse that no longer serves me.

I empower my boldness by thriving in the land of the impossible.

I don't need anyone's permission to live my damn truth. I just do it.

I refuse to let the con artist(s) in my head sabotage my power.

My Bold Life The Manifesto

2

I live my life by
my f*cking
expectations,
not others.

I live a sensual
life of uncertainty
rather than a
mundane life
of certainty.

I embrace the
power of saying,
“I don’t know,”
and grow from it.

I don’t let fear
keep me from
experiencing
life’s multiple
orgasms.

My Bold Life The Manifesto

3

I never let experiences get wasted by wasting the experience.

I create freedom by freeing myself of guilt and shame.

I'm driven by my uniqueness, not by comparisons.

I never let the imposter virus infect my willingness to get bold shit done.

My Bold Life The Manifesto

**I know ignoring my
passions is a form
of self-abuse that
no longer serves me.**

My Bold Life The Manifesto

**I empower my
boldness by thriving
in the land of the
impossible.**

| My Bold Life | The Manifesto

**I don't need
anyone's permission
to live my damn
truth. I just do it.**

My Bold Life The Manifesto

**I refuse to let the
con artist(s) in my
head sabotage
my power.**

My Bold Life The Manifesto

**I live my life by
my f*cking
expectations,
not others.**

My Bold Life The Manifesto

**I live a sensual
life of uncertainty
rather than a
mundane life
of certainty.**

My Bold Life The Manifesto

I embrace the
power of saying,
“I don’t know,”
and grow from it.

My Bold Life The Manifesto

**I don't let fear
keep me from
experiencing life's
multiple orgasms.**

My Bold Life The Manifesto

**I never let
experiences
get wasted by
wasting the
experience.**

My Bold Life The Manifesto

**I create freedom
by freeing myself
of guilt and shame.**

| My Bold Life | The Manifesto

**I'm driven by my
uniqueness,
not by comparisons.**

My Bold Life The Manifesto

I never let the
imposter virus
infect my
willingness to get
bold shit done.