

# 10 Reasons You're Not Making Your Bold Move!

**Truth: Your biggest excuses fan the flames of your fears and are causing you to hold yourself back from living an unapologetic life.**

Why are you holding back? It depends your situation, your excuses, and your fears.

It's time to unclonet your bold move and make that break - no more apologies!

Maybe, you don't feel safe to take a risk. Of course others are constantly shutting you down and telling you you're making a mistake. And then, of course you start second guessing yourself and before you know it, your bold move is back in the closet collecting dust.

This exercise will help you see what you're not seeing. Help you find those blind spots that are preventing you from confidently moving forward toward your bold move, provided you are honest with yourself and use this as a tool for getting clear.

But what would happen if you quit making excuses, dumped your fears, and decided to quit apologizing for what you want to do?

For each statement, rate your bold move factor to determine how to unclonet your bold move, no excuses no fears!

## 10 Reasons Your Not Making Your Bold Move Is Because You...

## Rate Your Bold Move Factor

Rank each of the following statements by circling the number that most closely applies using a scale of 1 to 10, with 1 being completely untrue, and 10 being completely true.

Believe you lack the right resources	1 completely untrue	2	3	4	5	6	7	8	9	10 completely true
Feel confused, lack direction, and are unmotivated	1 completely untrue	2	3	4	5	6	7	8	9	10 completely true
Allow others to hold you back	1 completely untrue	2	3	4	5	6	7	8	9	10 completely true
Can't get behind your vision and direction	1 completely untrue	2	3	4	5	6	7	8	9	10 completely true
Let the fear of failure strangle your desire	1 completely untrue	2	3	4	5	6	7	8	9	10 completely true
Feel perfection is more important than flawed action	1 completely untrue	2	3	4	5	6	7	8	9	10 completely true
View yourself as an underdog who will never get anything done	1 completely untrue	2	3	4	5	6	7	8	9	10 completely true
Don't feel safe and supported to make a bold	1 completely untrue	2	3	4	5	6	7	8	9	10 completely true
Play it safe, paralyzing yourself and your dreams	1 completely untrue	2	3	4	5	6	7	8	9	10 completely true
See your dream only as a priority in your head, not in your heart	1 completely untrue	2	3	4	5	6	7	8	9	10 completely true

**Total your score:** \_\_\_\_\_

Flip to the reverse side to see your Bold Move Factor Rating.

# 10 Reasons Your Not Making Your Bold Move!

Often, what we don't see has the most impact on our dreams. This tool is designed to show you what might be possible if you felt more excited, and empowered to make bold moves.

## What Your Score Means...

### 0 - 25: Your boldness is out of the closet

You are breaking norms and playing outside the closet of fears and excuses. You don't believe in boxing yourself in, and you invite open, frank communication whenever possible about what dream for yourself. You feel safe talking about your dreams and aren't afraid to step into the arena with those who try to douse the flames of your vision. You are determined to live life without apologies and only seek to surround yourself with like type individuals to keep you focused and on track.

### 26 - 50: You Exercise Boldness with some minor limits

Most successful, determined, vision seekers fall into this category. For the most part you feel emboldened to follow your dreams and desires. You work consistently to create your own success and try to live life without apologies. However, you have hidden closets that aren't easily identifiable that you easily hid in without realizing you are hiding. These closets hold you back from making bold moves because you don't feel safe, or because you've settled for "pretty good." It's time to open up the closets and give yourself permission to push out of the last bit of comfort zone and go for what you really want, even if it means taking a risk, that might actually not be as risky as you think it is.

### 51-75: Houston we have a problem

Don't fret. You're not in the danger zone, but you're dancing around a lot of potential grenades in your life - some that are obvious and some that are deeply hidden. It's time to look closely at desires, dreams, resources, and your "WHY." The key is to explore the hidden closets through a new lens. This is not the time to what's expected of you. It's time to break out of the black and white thought closets of what you've done in the past, and get comfortable in uncertainty. Embrace the gray and be bold.

### 76-100: Closets are slammed shut and bold thinking is non-existent

If you are here, it's not the end. It's actually the perfect time to dive into your confusion, be curious, swallow some courage pills, commit to yourself, build confidence, and consistently say, "Today I take one small step closer to making my bold move! Step-by-step you begin to break down the closets that are killing your dreams, your visions, your life. It's time for you to lead yourself in a new direction. One where no one else's approval is needed, and where you empower yourself to take a step each day towards your dreams and your destiny. Come out of your closet and lead yourself to your destiny - no excuses, no fears, no apologies!

## Hate your ranking? Like it but still want to improve? Let's chat!

Schedule a 30-minute, **Fear Busting Discovery Session** to explore how to break free of excuses, fears, and living an apologetic life.

**Schedule Your Session Now At**  
[RickClemons.com/discovery-session](http://RickClemons.com/discovery-session)