# Unapologetic Life Assessment

No excuses. No fears. No apologies.

#### Admit it. You're stuck.

You *really, really* want to do something. Make a change in your life, career, relationship.

#### But...

Fears have you frozen. Excuses are easier to make. You're used to apologizing for your status quo life.

# **Up until now!**

## Here's your next steps!

Complete each section of the Unapologetic Life Assessment.

### Then...

Stay tuned for three emails coming your way to help you take a small step towards no excuses, no fears, no apologies.

Area of Life	Situation Describe something you want to change or something you want to do that you haven't done	Your Fear What's your biggest fear about tackling this change or doing what you haven't done?	Your Excuse What is your number one excuse for not tackling this change or doing what you haven't done?
Career			
Relationship			
Health			
Personal Growth			
Social life			

Pick one area of life, the fear, and the excuse - easiest to tackle, and write it in the space below.

# Stay tuned!

Three emails and videos coming your way to break you free - no excuses, no fears, no apologies.